

SOFTWARE INSTRUCTIONS FOR THE STAIRMASTER® STRATUS SYSTEMS CONSOLE

Install the replacement Stratus Systems console by performing the following steps:

A. Remove the console

1. Disconnect the console knob screws from the back of the console.
2. Gently pull up on the console and locate the main **cable** attachment behind the console.
3. Disconnect the main **cable** and the heart rate **cable** from the console.

B. Install the new console by reversing steps 1 – 3

C. Configure the console

Rehabilitation clinics or other medical facilities may want to use the Clinical Mode. The Clinical Mode allows the user to pedal at speeds less than 50 RPMs without the “Pedal Faster” prompt being displayed. The battery will not be charged at pedal speeds lower than 50 RPMs. To ensure trouble-free operation you must connect the battery charger at all times while the Clinical Mode is activated!

1. Pedal the cycle until the console lights up.
2. Turn on the clinical mode by pressing [+ ARROW], [9], [7], [6], [6], [ENTER], [0], [ENTER], while the console is in the **ATTRACT** mode (i.e., the EKG symbol scrolling across the screen).
3. Turn off the clinical mode by pressing [+ ARROW], [9], [7], [6], [6], [ENTER], [1], [ENTER] while in the **ATTRACT** mode.

D. Console Codes

The console codes and the corresponding functions are listed below. You must press [+ARROW] before pressing the code’s number keys, and then press [ENTER]. Some codes, like the one to change the language of the console prompts, have options that require you to press a number and then [ENTER] to select that option.

Code	Function	Code	Function
105	Clears the custom programmed scrolling message	7703	Displays machine usage information
107	Activates the Diagnostic mode	7424	Changes the language of the prompts
0	Display test	0	English
1	Speaker test	1	German
2	Keypad test	2	French
3	Speed test	3	Italian
4	Software revision test	4	Spanish
		5	Swedish
		6	Danish
		7	Japanese
1650	Programs a custom workout	52475	Reset time limit to 60 minutes
		97405	Changes the maximum workout time
2121	Turns on the custom scrolling message	7705	Allows you to turn the Heart Rate feature on or off
2123	Turns off the custom scrolling message	0	Turns the Heart Rate feature on
		1	Turns the Heart Rate feature off
7704	Allows you to turn the console speaker on or off	9760	Allows you to change the units displayed by the console
0	Turns the speaker on	0	Changes the console to English units
1	Turns the speaker off	1	Changes the console to metric units
7607	Turns on the custom message option	9766	Allows you to turn the Clinical Mode on or off
99	Text bar scrolling message editing function	0	Turns the Clinical Mode off
		1	Turns the Clinical Mode on

For telephone assistance, contact your local distributor or the Customer Service Department of StairMaster Sports/Medical Products, Inc. at 1-425-823-1825 from 0600 AM – 1700 PM PST Monday through Friday.

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